



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SWIM FOR LIFE



Autism Swim Program MAPLE HILL YMCA

YMCA lessons use a learn-to-swim progression from water orientation to stroke development that meets the needs of swimmers at all levels. Participants learn water safety skills and stroke development in a fun and supportive environment that emphasizes character development and physical fitness. Lessons provided on a first-come, first-serve basis.

- Children ages 3-14 years old impacted by autism.
- 2:1 Swimmer to Instructor ratio
- 30 minute lessons once a week

WHEN: Saturdays, March 7-28, 2015
TIME: 1:00 p.m.-2 p.m., 30 minutes each
Cost: FREE-Registration Required
LOCATION: MAPLE HILL YMCA
1673 Maple Hill Rd.
Diamond Bar, CA 91765
909.861.3424
www.pomonaymca.org

